

August is like the Sunday of summer



AUGUST 2024 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>■ = Auburn Recreation Program (Renee & Jody)</p> <p>❖ = Age-Friendly Committee Event</p> <p>⌘ = 1st Auburn Senior Citizens Meeting</p> <p>φ = New Auburn Seniors Meeting</p> <p>♦ = Robin Dow Meeting</p>				<p>1</p> <ul style="list-style-type: none"> ■ Maine Needham Company Tour 8am ■ Chair Yoga 1:30pm ■ Adult Craft Night 	<p>2</p> <p>No Programs</p>	<p>3</p>
<p>4</p>	<p>5</p> <ul style="list-style-type: none"> φ = New Auburn Seniors Meeting ■ Taste of Maine 11am 	<p>6</p> <ul style="list-style-type: none"> ■ Fabric Collage Workshop 9 am ■ "American Idol" singer Julia Gagnon 6pm 	<p>7</p> <ul style="list-style-type: none"> ⌘ = 1st Auburn Senior Citizens Meeting ■ Motown Moves 10am 	<p>8</p> <ul style="list-style-type: none"> ■ Fenn Park Mini Golf 10am ■ Chair Yoga 1:30pm ■ Adult Craft Night 	<p>9</p> <ul style="list-style-type: none"> ■ Drop-In Day 9-12 ■ Tech Talk ■ Equestrian Center 12:30pm 	<p>10</p>
<p>11</p>	<p>12</p> <ul style="list-style-type: none"> φ = New Auburn Seniors Meeting 	<p>13</p> <ul style="list-style-type: none"> ■ Simple Crafts 9 am ■ Mystery Lunch 11:30am ■ Luncheon and Presentation at ASCC 11:30am ❖ Age-Friendly Committee Meeting 	<p>14</p> <ul style="list-style-type: none"> ♦ = Robin Dow Meeting ■ A Little Night Music at Ogunquit Playhouse 12pm 	<p>15</p> <ul style="list-style-type: none"> ■ Sawyer Memorial WORLD OF WONDER 1pm ■ Chair Yoga 1:30pm ■ Adult Craft Night 	<p>16</p> <p>No Programs</p>	<p>17</p>
<p>18</p>	<p>19</p> <ul style="list-style-type: none"> φ = New Auburn Seniors Meeting 	<p>20</p> <ul style="list-style-type: none"> ■ Neurographic Doodles Workshop 10:00 am ❖ Age-Friendly Movie 1pm 	<p>21</p> <ul style="list-style-type: none"> ⌘ = 1st Auburn Senior Citizens Meeting ■ Skyline Farm 1pm 	<p>22</p> <ul style="list-style-type: none"> ■ Maine State Aquarium 8am ■ Chair Yoga 1:30pm ■ Adult Craft Night 	<p>23</p> <ul style="list-style-type: none"> ■ Cabbage Island Clambake @10:00am ■ Drop-In Day 9-12 	<p>24</p>
<p>25</p>	<p>26</p> <ul style="list-style-type: none"> φ = New Auburn Seniors Meeting ■ White Head Passage Lobstering Cruise in Portland 4:30PM 	<p>27</p> <ul style="list-style-type: none"> ■ Range Pond Beach Day 10am (2 Bus Trip) 	<p>28</p> <ul style="list-style-type: none"> ♦ = Robin Dow Meeting ■ Maine Music Concert 10am 	<p>29</p> <ul style="list-style-type: none"> ■ Coffee Talk 8am ■ Windsor Fair 10am ■ Adult Craft Night 	<p>30</p> <p>No Programs</p>	<p>31</p>

Date	Time	Cost	Description
Thursday, August 1	9:00 AM – 12:00 PM	\$8 \$10 non-residents	Maine Needham Company Tour in Saco - This tour will include a brief history of the Maine Needham and information about how the company started, what they've done since, and what they are working toward. We will have the opportunity to run through the production and packing process in our kitchen, so they require that each person is mobile and can tolerate wearing food-safety gloves and a hair net. You will take two Needhams with you from this tour. The tour will be roughly an hour and a half and yes, you can make purchases there as well! Pre-registration is required. Minimum 6/Maximum 20
Thursday, August 1	1:30 PM – 2:30 PM	\$10.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: Min 4
Thursday, August 1	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration helpful.
Monday, August 5	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Monday, August 5	11:00 AM – 3:00 PM	\$4 \$6 non-residents	Taste of Maine Lunch Shuttle in Woolwich - Fresh Maine Seafood Since 1978. Family owned and operated restaurant serves fresh, mouthwatering Maine lobster and seafood, perfectly complimented by our great steaks. Larry the Lobster will be up all of the 2023 Season! They will have their Osprey Cam up in the Lobby! Pre-registration is required. Minimum 6/Maximum 14.
Tuesday, August 6	9:00 AM – 10:30 AM	Free	Fabric Collage Workshop - Nancy Lander will be teaching us how to create a beautiful fabric collage on canvas. All materials and instruction will be provided. Do feel free to bring your own detailed accents however to personalize your piece. This is free and offered in collaboration with L/A Arts. Pre-registration required. Min 6/Max 15
Tuesday, August 6	6:00 PM – 9:30 PM		"American Idol" and Maine singer Julia Gagnon at The Monmouth Theater - Maine's American Idol Star, Julia Gagnon makes a stop at Theater at Monmouth and Cumston Hall during her "Here in Maine" tour this summer! Tuesday, August 6 at 7:30pm! You watched her amazing journey from receiving a Platinum Ticket in her audition to being in the Top 7. Now see Maine's American Idol star, Julia Gagnon, joined by her fiancé, Nate Haven, live in an exclusive 60-minute acoustic set. The show starts at about 7:30pm and will be about a 60 minute acoustic performance. Pre-registration is required. Minimum 6/Maximum 14. SEE JODY TO REGISTER FOR THIS TRIP (IN HOUSE ONLY)
Wednesday, August 7	9:00 AM – 3:00 PM	\$10.00 annual	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Food Auction / Bingo. Meetings are cancelled if Auburn schools are closed for weather
Wednesday, August 7	10:15 AM – 4:30 PM	\$58 \$60 non-residents	Motown Moves at The Carousel in Boothbay Harbor - "Motown Moves" features the top hits from the artists signed by Motown Records, this turbulent love story has the moves to make everyone dance in their seats! Pre-registration is required. No refund unless we can fill your spot. Minimum 6/Maximum 14. Gratuity is NOT included. Sample Menu (will be updated as we get closer to the date) will be as follows (once confirmed, meal choices will be given)
Thursday, August 8	10:00 AM – 1:00 PM	\$6 \$7 non-residents	Fenn Park Mini Golf in Poland - The theme is designed to reflect Poland Spring's nature and amazing history, The four-foot-high models replicate the old Poland Spring Schoolhouse; an historic railroad depot on Plains Road in Poland, which is now a residential home, and the historic Poland Water Tower. Children and adults alike will be mesmerized by the animated animals too! Grab an ice cream after your game if you wish. Pre-registration is required. Minimum 6/Maximum 14
Thursday, August 8	1:30 PM – 2:30 PM	\$10.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: Min 4

Thursday, August 8	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration helpful.
Friday, August 9	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, August 9	10:00 AM – 11:00 PM	Free	Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. Pre-registration helpful.
Friday, August 9	12:00 PM – 2:30 PM	\$10	Afternoon at the Equestrian Center at Pineland Farms - Join us at the Pineland Farms Equestrian Center to meet some of the prize-winning Cabot Morgans and tour our world-class facility. Visitors will tour the barns and paddocks, groom a Morgan, and discover the history of the Morgan breed at the Morgan Horse Museum. Pre-registration required. Maximum 8.
Monday, August 12	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Tuesday, August 13	9:00 AM – 10:30 AM	Free	Simple Crafts and Social Hour - Join us for a Simple Craft Activity! This will be an hour of crafting fun and socializing. This time we will be coloring Butterfly Window Clings. All materials, coffee, tea, and water will be provided. Pre-registration required. Min 6/Max 12
Tuesday, August 13	11:30 AM- 1:00 PM	Free	Luncheon and Presentation – This will be a Free lunch of sandwiches and drinks. Fortin and Pinette will be presenting to the group about the services they offer in our community. Free to All. Pre-Registration helpful.
Tuesday, August 13	11:30 AM – 3:00 PM	\$2 \$4 non-residents	Mystery Lunch Shuttle - Let lunch be a surprise! Sure, you may have been there before, but have you been with us!? Sign up for the social aspect and for the thrill of not knowing where the bus will take you. Trips return by 3:00pm. Pre-registration required. Min 6/Max 14.
Tuesday, August 13	5:30 PM – 6:30 PM	N/A	Age-Friendly Community Committee Meeting
Wednesday, August 14	9:00 AM – 3:00 PM	\$10.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, August 14	12:00 PM - 6:00 PM	\$58 \$60 non-residents	A Little Night Music at Ogunquit Playhouse- n 1900 Sweden, a tangled web of affairs centers around actress, Desirée Armfeldt and the men who love her — lawyer Fredrik Egerman and Count Carl-Magnus Malcom. When a traveling show brings her to Fredrik's town, the estranged lovers' passion rekindles. In the perpetual twilight of a Nordic summer, lovers waltz in and out of each other's lives with possibility, second chances, and endless surprises. Full of wit and wisdom gained through desire and regret, this celebration of love showcases a harmonically advanced score and masterful orchestrations, including one of Sondheim's most beloved songs, "Send in the Clowns." BREAKING NEWS! KATHLEEN TURNER IS MADAME ARMFELDT -The iconic Academy Award-nominated actress makes her first appearance on the Ogunquit Playhouse stage as one of Stephen Sondheim's finest characters. Her legendary career spans Broadway (Cat on a Hot Tin Roof, The Graduate, Who's Afraid of Virginia Woolf?), Film (Body Heat, Romancing the Stone, Prizzi's Honor), and Television (Friends, White House Plumbers). No refund unless your spot can be filled.! Pre-registration required. Min 6/Max 14.
Thursday, August 15	1:00 PM – 4:00 PM	\$2 \$4 non-residents	Sawyer Memorial : WORLD OF WONDER Presented by Leland Faulkner- Presented by Leland Faulkner, this live performance transports audiences into their imagination. Leland is a master theatre artist who will share amazing and engaging stories full of magic and imagination that leap off the stage to create unique experiences that promote kindness, respect and curiosity. Appropriate for children of all ages as well as adults!

			Leland is a tribal member of the Bad River Band of Chippewa but has lived and traveled all over the world. He was born in Afghanistan, lived in Iran, and Tanzania and currently resides in Maine, USA. He has toured to Japan, Russia, and China. He holds a degree in Motion Picture Studies, and is a master mime artist, actor, magician, film maker and storyteller. He has a wide range of experience and uses his understanding of world culture to bring hearts closer together. World of Wonder is theater that transports students around the planet using magic, comedy, pantomime, story, and animation. From the human animation of shadows made with just a pair of hands to a film made of actual cut out shadows, this is a unique and original theater production that will inspire your students. Pre-registration is required. Minimum 6/Maximum 14.
Thursday, August 15	1:30 PM – 2:30 PM	\$10.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: Min 4
Thursday, August 15	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration helpful.
Monday, August 19	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Tuesday, August 20	9:00 AM – 10:30 AM	Free	Neurographic Doodles – This is an onsite Art Workshop. Nancy Lander will be teaching us this unique Art technique that will calm your brain as you create beautiful art pieces. You will be using markers and watercolor paints. All materials will be provided. Pre-registration is required. Minimum 6/Maximum 15
Tuesday, August 20	1:00 PM – 3:00 PM	Free	Age-Friendly Movie – Pre-registration is helpful. Free popcorn
Wednesday, August 21	9:00 AM – 3:00 PM	\$10.00 annual	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Food Auction / Bingo. Meetings are cancelled if Auburn schools are closed for weather
Wednesday, August 21	1:00 PM – 5:00 PM	\$3 \$5 non-residents	Guided Walk: Skyline Farm, North Yarmouth - Nature Walks are volunteer-led by trained master naturalists and other skilled volunteer leaders. We will stay together as a group (there may be folks from the public along as well). Nature walks typically involve getting on our knees with a hand lens, or standing still for ten minutes craning up at a treetop. Curriculum: Wildflowers & Monarchs. Master Naturalist: Karen Bruder. Skyline Farm, a non-profit organization, maintains a sleigh museum and trail network on this 54-acre historic farm property. The trails at Skyline Farm are open to non-motorized uses year round. A two mile loop has been largely completed and is marked. It passes along the highest hill of the farm's hayfields before plunging into the woods where it crosses a tributary of Toddy Brook and passes through mixed growth groves of trees. Skyline's woods, trails, and fields are protected by a conservation easement held by the Royal River Conservation Trust since 2002. The property sits atop the aquifer that provides drinking water to Yarmouth and North Yarmouth. Bring your cameras, hiking sticks, a snack/lunch and walking shoes. Pre-registration is required. Min 6/Max 14.
Thursday, August 22	8:00 AM – 3:00 PM	\$12 \$15 non-residents	Maine State Aquarium Shuttle and Lunch - The Maine State Aquarium is excited to share that they are opening this year! There will be staff at various stations to answer questions or maybe offer a short demonstration on this self-guided trip. We will go in about 9:30am (before they open up 10am to the public) and stay for about 2 hours. We will head out at 11:30am and stop for lunch on our way home. Pre-registration required. Minimum 6/Max 14.
Thursday, August 22	1:30 PM – 2:30 PM	\$10.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: Min 4

Thursday, August 22	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration helpful.
Friday, August 23	10:00 AM – 6:30 PM	FULL / SOLD OUT	Cabbage Island Clambake out of Boothbay Harbor (Rain or Shine) - Your journey to Cabbage Island begins at Pier 6 in picturesque Boothbay Harbor. Here, you will board the Bennie Alice and enjoy a narrated scenic cruise while you take in Maine's breathtaking coastline. Each guest on the island is treated to a traditional New England clambake that includes fish chowder, two lobsters, steamers, potato, onion, egg, corn on the cob and the best blueberry cake in Maine. Not a lobster person? They also serve roasted half chickens in lieu of lobster for those who prefer a poultry option. Included with each meal is coffee, tea, iced tea, and water. They also have a full cash bar available. We will head out on a comfortable 56 passenger motorcoach (courtesy of The Fortin Group) from the Auburn Senior Community Center at 10:00am.
Friday, August 23	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
Monday, August 26	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Monday, August 26	4:30 PM – 8:30 PM	\$40 \$45 non-residents	White Head Passage Lobstering Cruise in Portland - Fresh Maine Seafood Since 1978. Family owned and operated restaurant serves fresh, mouthwatering Maine lobster and seafood, perfectly complimented by our great steaks. Larry the Lobster will be up all of the 2023 Season! They will have their Osprey Cam up in the Lobby! Pre-registration is required. Minimum 6/Maximum 14. (boat trip is from 5:40pm to 7:10pm)
Tuesday, August 27	10:00 AM – 4:00 PM	\$10.00 (lunch included)	Range Pond Beach Day Shuttle (2 Bus) - Alright all you sun worshipers and beach bums. We have a great day planned for you at Range Pond. Join Renee and Jody for a two-bus trip. We have rented a picnic shelter for the day which will be "home base" for the day. We will have short hikes/walks during the day for you to enjoy as a group or go off and explore on your own, go swimming or just grab your favorite book and soak up some sun. Feel free to bring your own beach chair and towel. There are restrooms on site. Lunch will be provided (sandwiches from Jersey Mike's and water will be at our picnic shelter for when you are hungry and thirsty). This will be a very relaxed and informal beach day.
Wednesday, August 28	9:00 AM – 3:00 PM	\$10.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, August 28	10:00 AM – 11:00 Am	Free	Carol Bailey String Band Concert – Join us for this concert here at the ASCC. The band will be performing their "All About Maine" music program for our senior community. Pre-registration recommended.
Thursday, August 29	8:00 AM – 9:30 AM	Free	Coffee Talk with AARP – Come in and join us for coffee and a guest speaker focused on issues of interest to retired community members. The Guest speaker for August will be Siobhan Whalen who is the Refugee Resettlement Director. A light breakfast of pastries, snacks and coffee/tea will be provided. Pre-registration required. Maximum 30.
Thursday, August 29	10:00 – 3:00 PM	\$3 \$5 non-residents	Windsor Fair Shuttle - Senior Day is Thursday, admission is \$5.00 and cash only! Let's go and visit some of your favorite agricultural fairs to see live animals, tractor pulls, horse races, amazing entertainment, arts and crafts vendors, and try lots of delicious food! We will provide transportation and parking and you will pay any applicable entrance fee. Pre-registration is required. Minimum 6/Maximum 14.
Thursday, August 29	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration helpful.

ON HOLD FOR JULY AND AUGUST – RETURNING AT 4PM, SEPTEMBER 10TH -Yoga for Seniors: Balance

Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student.



Looking for updates on programs – check us out on Facebook

- **Auburn Recreation Department – Maine**
- **Friends of the Auburn Senior Community Center**